



Career Transition: Get Unstuck!

Presented By:

Carol Heady, President

Learning and Performance
Solutions



Career Transition: Get Unstuck!

- Mind Set
- Know Your “SWOT”
- Mind Map Your Strategy

“If you fail to plan, plan to fail” Brian Tracy

- Don't go it alone!
- Take Action



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- Mind Set

- Open to possibilities, opportunities
- What's my fear?
- Interrupt the Dialogue

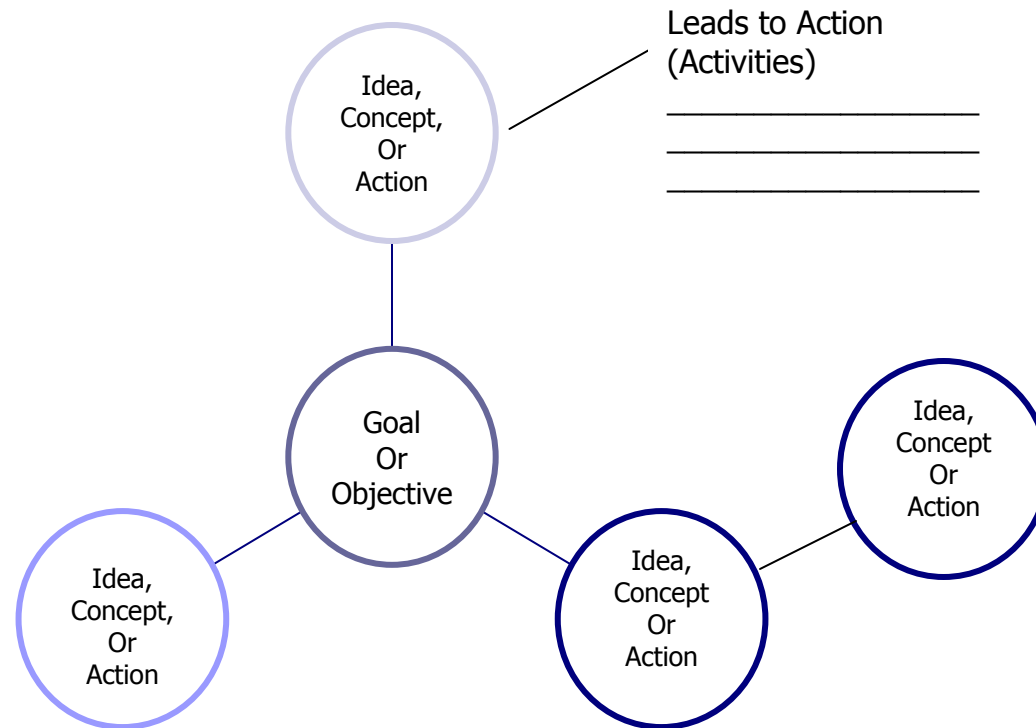


Career Transition: Get Unstuck!

- Know Your “SWOT”
 - Strengths, Weaknesses, Opportunities, Threats

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Mind Mapping





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- Don't Go it alone!
 - Leverage your social capital
 - Mentor, Coach, Career Counselor
- Take Action



Thank You!

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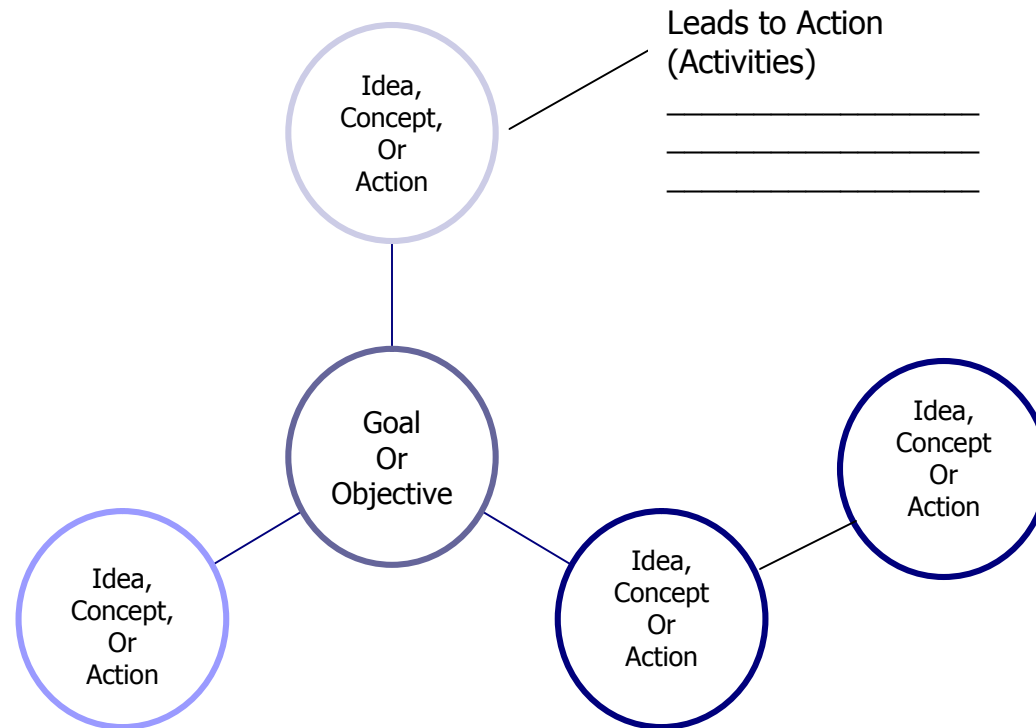


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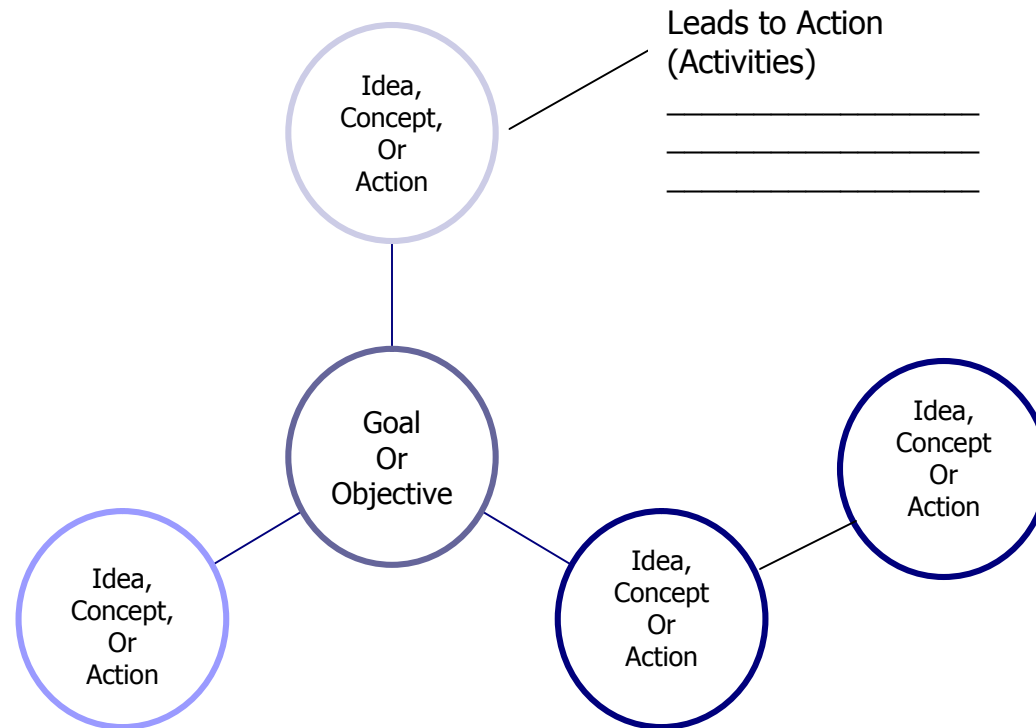


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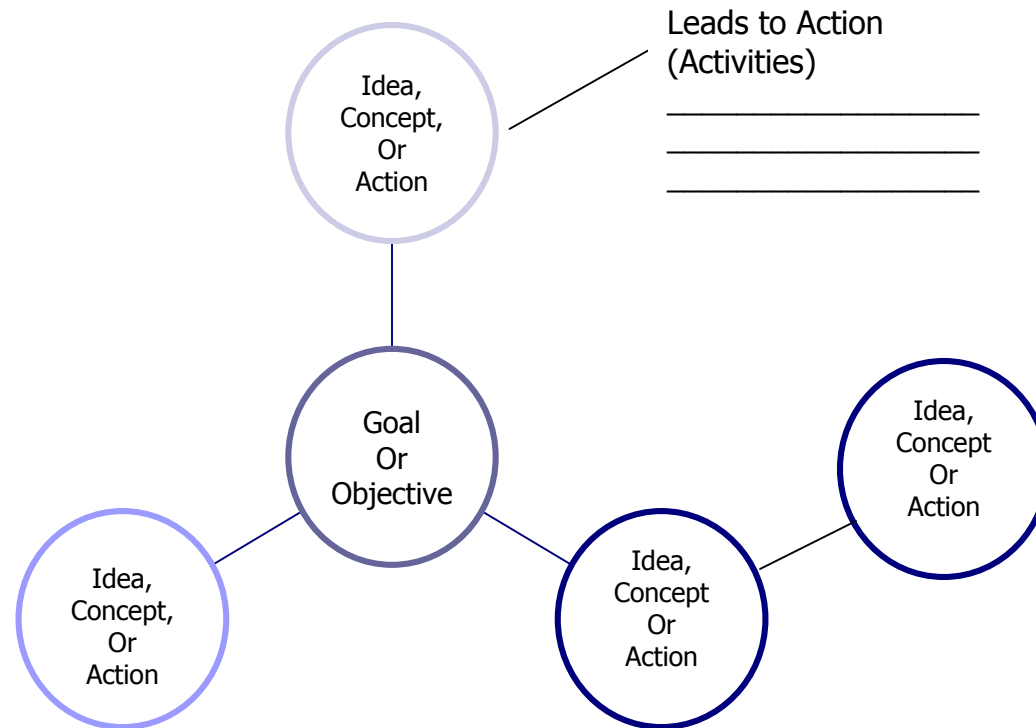


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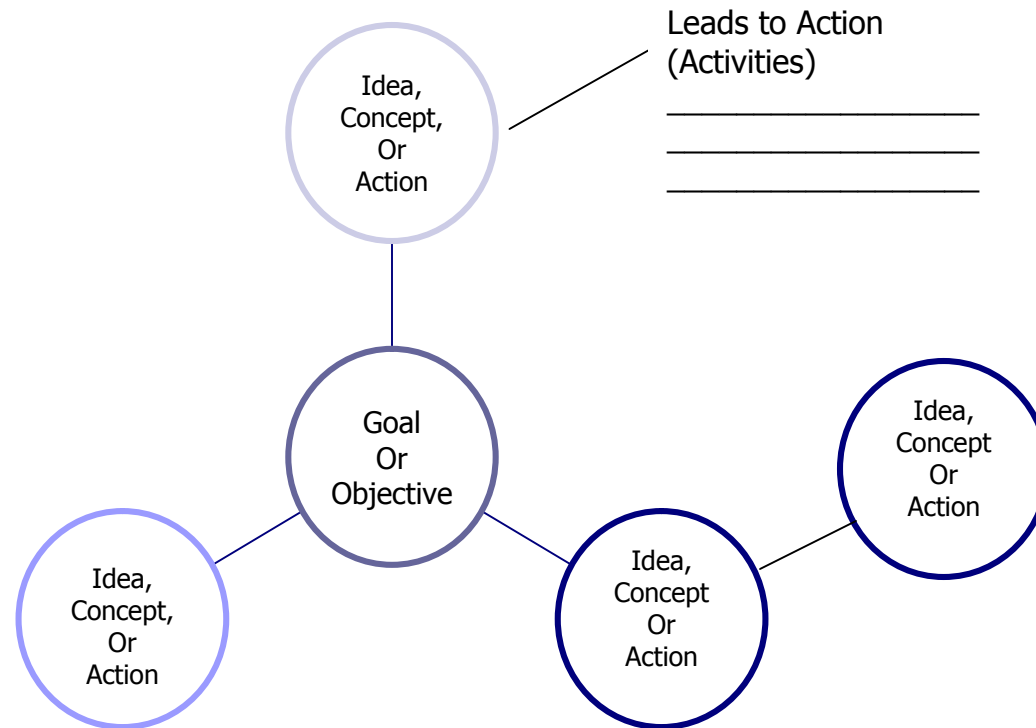


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